

## MONTHLY BOARD MEETING MINUTES

April 27, 2015

### **Mental Health Board**

#### **Members in Attendance**

Behrens, Sharon  
Bond, Yvonne  
Cleveland, Cheryl  
Dickinson, Will  
O'Meara, Janet  
Stanners, Sharon  
Thickens, Theresa

#### **Absent Members**

Holmes, Jim  
Jarvis, Debra

#### **Staff and Guests**

Bahoh, Carolyn  
Bauman, Maureen  
Budge, Curtis  
Cople, Katrina  
Cowen, Jeff  
Fee, Christi  
Jones, Janna  
Mendonsa, Andrew  
Osborne, Marie  
Wertenberger, Windy

### **Welcome and Introductions**

Janet O'Meara, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

#### **❖ Board Protocol (Non-Board Member Participation) – Not Read**

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
  - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
  - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
  - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
  - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
  - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
  - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

#### **❖ Guest Speaker: Curtis Budge, Program Manager, Adult System of Care – Mobile Crisis Triage**

- Mr. Budge presented a PowerPoint presentation on the Mobile Crisis Triage (MCT) program.
- Provided a background on MCT and the services ASOC can provide as a result of SB 82 Investment in Mental Health Wellness Act of 2013.
- ASOC received a grant award from the Mental Health Oversight and Accountability Commission to enhance mental health crisis services in California.
- Identified the goals: improve the consumer experience, reduce rate of psychiatric hospitalization, reduce the impact on overcrowded emergency departments, and reduce the impact on law enforcement personnel relative to mental health calls.
- Provides ability to work within our communities and enhance the experience of consumers during a mental health crisis.
- Reviewed the services provided for individuals 16 years or older in Placer County.
- Location of services include private residences, medical clinics, hospitals, parking lots, streets, wherever is needed.
- MCT team is comprised of a Client Services Practitioner (county employee) and a Peer Advocate (consumer who has received mental health services). The Peer advocate plays a vital role on the team - being able to connect with the individual and getting them where they need to go.

- Law enforcement partnership started with the Placer County Sheriff's Office and now includes the following police departments (PD): Roseville PD, Rocklin PD, Lincoln PD, and Auburn PD.
- Provided results from the last year – of those evaluated: 84% of service recipients were able to avoid hospitalization and 93% of those individuals remained hospitalization free after 90 days of initial crisis intervention.
- Average response time to the scene: 33 minutes.
- MCT hours: Monday – Friday, 8:00 a.m. – 10:00 p.m.

### **Secretary/Treasurer's Report**

**Approval of the March 23, 2015 Regular Board Meeting Minutes** – Approved minutes as distributed.

**Approval of Treasurer's Reports** – \$1,500 - Amount budgeted for Fiscal Year 2014-15. Expenditures for the month of March included: \$55.93 – food purchased. End balance of \$770.35 and is accepted as presented.

### **Standing Committee Reports**

- ❖ Executive Committee
  - Nothing to report.
- ❖ Alcohol and Drug (AOD) Committee – Cheryl Cleveland
  - Sharon Stanners reported on her tour of CoRR (Community Recovery Resource) in Auburn.
    - Main sites are Auburn and Roseville; small sites in Lincoln and King City.
    - They are committed to looking at the whole person – integrated therapy.
  - Ms. Cleveland reported on visiting *Drug Court* and to *Aegis Treatment Center*.
    - Drug Court – Judge Nichols presided over the court with approximately 30-33 defendants.
      - Many defendants participated in self-help, i.e. yoga, gardening.
      - Important factors for defendants: communication, organization and support systems.
      - Placer County has two recovery coaches.
      - Collaborative Court Graduation (Drug Court, Veterans' Court and Mental Health Court) – evening of May 26<sup>th</sup> at the Community Development Resource Agency (CDRA) in Auburn. Notice will be sent to all Board members.
    - Aegis Treatment Center (Methadone treatment center).
      - Currently have approximately 410 clients with a capacity of 470).
      - Provide groups.
- ❖ Quality Improvement – Theresa Thickens
  - Welcomed Windy Wertenberger, Consumer Affairs Coordinator with Mental Health America (MHA), to the QI Committee.
  - Provided highlights from the Placer/Sierra County Systems of Care Improvement Committee quarterly meeting.
    - Utilization Review Report - quarterly report looking at treatment providers' patients' charts. Chart reviews combine both ASOC and CSOC together to review the clinical mental health documentation.
    - Generally, the outcomes were excellent.
    - Reviewed the findings from the review of our internal charts for ASOC and CSOC.
  - Reported on the findings on TARs (Treatment Authorization Request) - inpatient admissions to private hospitals for both ASOC and CSOC. Admissions have gone up during the last six months.
  - Substance Use Services Provider Chart Review - seven providers were reviewed. Progress House in Nevada City was very successful, no changes required, most likely because they hired a QI person to review their charts.
  - Reminded Board members about the importance and need for continued test calls. MHA has offered to use their staff to assist with calls. State wants more information related to the calls.
    - Committee will put together a call schedule for members to each commit to, and MHA can help balance out the calls.
    - Committee wants input on how to improve the test call cheat sheet/dialogue, including more scenarios, more flexibility.
  - Janet O'Meara commented that this was a lot of information for an oral summary; it would be helpful to come up with a plan to get the pertinent reporting out to all members electronically prior to the meeting.
- ❖ Children's Committee – Sharon Behrens on behalf of Will Dickinson
  - Reviewing the CSOC contracts.
  - The committee had a conversation regarding suicide of children. The Squaw Valley Academy, a boarding school in Tahoe, recently had three attempted suicides. HHS and Nevada County have reached out to the school to provide support and assistance in assessing their needs, but the school has not been receptive.

- Provided an update on the SPROUTS program - Trauma Informed Care preschool. In the process of developing an advisory council to spread the word about the program and developing some presentations for outreach.
  - Richard Knecht updated the committee on how well the Foster Youth Employment program with Raley's is going; they are requesting more kids for the program.
  - Reported on her attendance at the recent Drug Take-back event, processing approximately 181 cars. Handed out resources including the green resource cards, Hope inserts, and Senior Warm Line information.
  - The committee discussed goal setting for FY 2015-16 with a focus on foster youth and identify some of the problems that occur around their development and the support they receive.
- ❖ Adult Services Committee –Janet O'Meara
- Discussed progress of goals and activities.
    - As we look at the issues for an adult population, focus on those with the harder to reach diagnosis.
    - A 24/7 supported care transition housing for a better handoff rather than going to a board and care.
    - Plan to visit Turning Point FSP on Friday, May 1, 2015.
    - Following up with AOT (Assisted Outpatient Treatment).
    - Family support/family involvement - make steps, discuss what our action plan for that looks like, and talk to people in the community and see what is/isn't already happening.

### **BOS-Representative** - None

### **Correspondence and Announcements**

- ❖ Janet O'Meara, reported on the receipt of the following:
- Placer County Directing Change winners were announced.
    - The email will be sent out to the full Board for review.
  - Ms. O'Meara will provide a summary, at the retreat, of the training she recently attended – Train the Trainer: Mental Health Boards 101 that was presented by California Institute for Behavioral Health Solutions (CIBHS).
  - CIBHS is offering an additional training on June 6, 2015 from 10:00 – 3:00 p.m. CIBHS will allow for one individual from each board to attend but will put us on a waiting list to accommodate an additional member.
    - Those interested: Yvonne Bond and Sharon Stanners.

### **Director's Report**

- ❖ Maureen Bauman reported on the following (*Director's Report sent electronically*):
- Directing Change flyer was passed around for review. Whitney, Lincoln and Wood Creek were the high schools with winning contestants.
    - Screening of films takes place Tuesday, May 19, 2015 from 4:00 – 6:00 p.m.
  - Reviewed the Performance contract, which is an agreement with the State of California, Department of Health Care Services. It outlines what the rules are for what we need to do in terms of our system (mental health).
    - The document references codes in the system, so that everyone can link directly to the codes, the document will be sent electronically.
    - The contract is slated for the May BOS agenda and will be placed on our agenda next month.
  - Reported on the first meeting that took place to discuss the 1115 SUD Waiver. Expecting to have approximately one year before implementing. Begin necessary data collection in June, so we can start the plan development process.
  - Right Hand Auburn will open the homeless shelter the beginning of June. Having a 24/7 facility will need to be bigger than Placer County; it will need to include cities, businesses, etc.
  - Roseville Kaiser has been informed about the AOT treatment. We have one person in the program at this time.
  - ASOC has applied for the MIOCR Grant (Mentally Ill Offender Crime Reduction) for increased resources for persons who are mentally ill, those with substance abuse issues and involved in the criminal justice system. We will be assisting our criminal justice partners, providing more assessments and recommendations for treatment.
  - The Super Resolution allows the BOS to review a series of recurring contracts all at once. Identified the criteria for contracts to be included on the Super Resolution (up to \$400,000 and not more than a 10% increase from previous year).

### **Unfinished Business**

- ❖ Recruitment (*Standing Agenda Item*)
- Nothing to report.

- ❖ Visibility of MHADB Services (*Standing Agenda Item*)
  - Nothing to report.
- ❖ Proposed Website Changes
  - Janna Jones identified the proposed changes to the Board's webpage (included in electronic packet).
    - Consensus from members to proceed with proposed changes.
- ❖ Complaint Process and System of Care Audit Grid
  - Theresa Thickers provided a brief background on the flow chart and how a concern or complaint is processed.
  - Requesting members review the Complaint Process document and provide input the next meeting.
  - The SOC audit grid lists all the audits done on a regular basis. What data is of interest to the committees and we will review at the next meeting.
  - Maureen Bauman pointed out, while not on the grid, that we review all our organizational providers and private provider network; we audit those people we contract with.
- ❖ Nominations Update
  - Theresa Thickers reported on the status of the nominations process – the committee did receive nomination requests.
    - We will identify the slate of officers at the May meeting.
    - The vote for officers takes place in June.

### **New Business**

- ❖ Certificate of Appreciation Presentation to Sharon Behrens
  - Janet O'Meara read and presented Ms. Behrens with her certificate of appreciation.
  - Sharon Behrens addressed the Board, thanking everyone.
- ❖ New Meeting Date for July (Updated due to change in retreat/workshop date)
  - An updated schedule of meetings was distributed, proposing the July meeting take place on the 27<sup>th</sup>.
- ❖ Contracts [**Informational Item**]
  - Maureen Bauman provided an overview of the below contract. (Covered under the Director's Report above.)
    - Super Resolution (Miscellaneous contracts)
- ❖ Begin FY 2014-15 Annual Report to the Board of Supervisors (Due date: September 1, 2015)
  - Janet O'Meara encouraged committees to begin working on their committees report for the annual report.
    - Committee rough draft reports due by: September 1, 2015.

### **Board Member Comments**

- ✧ Will Dickinson noted he's the only voting member on the CSOC committee and welcomes anyone who wants to join him.
- ✧ Cheryl Cleveland announced the Black High School Girls Group is now forming.

### **Public Input**

- ✧ Jeff Cowen shared that PIRS (Placer Independent Resource Services) also helps people with disability applications.
- ✧ Katrina Copple thanked Sharon Behrens for the wonderful advice she's provided and for mentoring her.

### **Adjournment**

- The meeting was adjourned at 8:15 p.m.
- Monday, May 4, 2015 at 3:30 p.m. is next Executive Committee meeting (ASOC).
- **FRIDAY, MAY 8, 2015** is the next Board meeting taking place at the Auburn Civic Center/City Hall, 1225 Lincoln Way (Rose Room), Auburn

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Secretary/Treasurer, Mental Health, Alcohol and Drug Board